

space availability for study groups as of 11/16/2009 12:05PM

Go to <http://www.esc.edu/myesc> to register

## Alfred Study Groups

Meeting dates/times/locations not yet published

### **Educational Planning 4 cr with Joyce Howland**

spaces avail.: 15 Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

There are 3 group meetings for this study and a 2-hour appointment with the mentor between the second and third meetings. Meetings are generally held on weekday evenings. This study is usually taken as one 4-credit study. However, it may be split into two 2-credit halves taken in consecutive terms. In order to earn credit for this study, the student must submit his or her degree plan to the Assessment Office in Rochester. This study is for matriculated students at the Alfred Unit.

### **Spanish Language & Culture 4 cr with Joyce Howland**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study emphasizes the culture of Spanish speaking peoples and investigates the music, food and customs as well as the language. If you need to take this study for fewer than 4 credits, a study for 3 credits can be developed. Students who want credit amounts other than 4 should contact their primary mentor to have a study added to their worksheet that meets their needs. If fewer than four students register for this study it will be done as a guided independent study.

### **Study Skills & Strategies for the Self-Directed Learner 4 cr with Seana Logsdon**

spaces avail.: 5 Intro and Adv./Liberal fulfills SUNY gen. ed. req in Basic Communications - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. This study is usually taken at the introductory level and is appropriate for any student entering the college. With advance permission from the mentor, this study may be offered at the advanced level. Additional readings and a research project will be added at the advanced level. The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online course space will be provided. Please note, this study group is limited to students at the Alfred Unit.

## Batavia Study Groups

Meeting dates/times/locations not yet published

### **Study Skills & Strategies for the Self-Directed Learner 4 cr with Seana Logsdon**

spaces avail.: 5      Intro and Adv./Liberal      fulfills SUNY gen. ed. req in      Basic Communications - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. This study is usually taken at the introductory level and is appropriate for any student entering the college. With advance permission from the mentor, this study may be offered at the advanced level. Additional readings and a research project will be added at the advanced level. The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online course space will be provided. Please note, this study group is limited to students at the Batavia Unit.

## Canandaigua Study Groups

---

### Meeting dates/times/locations not yet published

---

#### **Study Skills & Strategies for the Self-Directed Learner 4 cr with Seana Logsdon**

spaces avail.: **5** Intro and Adv./Liberal fulfills SUNY gen. ed. req in Basic Communications - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. This study is usually taken at the introductory level and is appropriate for any student entering the college. With advance permission from the mentor, this study may be offered at the advanced level. Additional readings and a research project will be added at the advanced level. The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online course space will be provided. Please note, this study group is limited to students at the Canandaigua Unit.

#### **Western Civilization I: Antiquity to Reformation 4 cr with Robert Wasserlauf**

spaces avail.: **15** Intro/Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study will survey the development of the history, institutions, economy, society and culture of Western civilization from Antiquity to the Reformation and relate this development to that of other regions of the world.

## Corning Study Groups

### Meeting dates/times/locations not yet published

#### **American History II 4 cr with Mary Skinner**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in American History - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

A survey of American history from the Reconstruction through the 20th century. Students will read a leading textbook plus documents and essays by prominent scholars in the field. Films, memoirs and novels may supplement the reading. Students will compose 2 short research essays from primary and secondary sources on issues and topics chosen in consultation with their mentor. Students will also present their research papers to the group. This group study will meet for 2 hours, 5 times over the course of the semester to discuss the reading.

#### **Study Skills & Strategies for the Self-Directed Learner 4 cr with Seana Logsdon**

spaces avail.: 5 Intro and Adv./Liberal fulfills SUNY gen. ed. req in Critical Thinking - partially  
Basic Communications - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. This study is usually taken at the introductory level and is appropriate for any student entering the college. With advance permission from the mentor, this study may be offered at the advanced level. Additional readings and a research project will be added at the advanced level. The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online course space will be provided. Please note, this study group is limited to students at the Corning Unit.

#### **World History II 4 cr with Mary Skinner**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

A study of 4 global civilizations from 1500 to the present and an assessment of the impact of European imperialism on other world civilizations. Students will choose among the following global cultures: Europe, the Americas, India, Africa, China, Japan, South East Asia and the Middle East. A textbook in world history will be supplemented by an anthology of documents and writings by and about leaders of these societies. The impact of exploration, imperialism, capitalism, modernization, World wars, immigration, terrorism, refugees in flight and other modern phenomenon will be assessed. Students will compose 2 short papers on aspects of a single culture or a longer paper on the interaction of 2 cultures. Students and mentor will meet 5 times to discuss the reading and the presentations of their research by the students.

## Rochester Study Groups

### Mondays

---

#### **American History: Religion & American History 3 cr with Susan Hollis**

spaces avail.: 12 Adv./Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Jan. 25, Feb. 8, Mar. 1, 15 & 29, Apr. 12

In this group study, students will gain a knowledge of the basic narrative of American history through an examination of how religion in its various guises and forms impacted the development of the colonies and then the republic and finally the democracy. It will include learning about the diversity of peoples and practices, particularly as related to religion, about the common institutions in American society and their effects on various groups, and about how America's religious stances have impacted its relationships in the global arena. The student seeking to take this study for advanced credit should contact the mentor before the term begins (Susan.Hollis@esc.edu) describing his/her background that supports taking the study at this level.

#### **American History: Religion & American History 3 cr with Susan Hollis**

spaces avail.: 12 Intro/Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Jan. 25, Feb. 8, Mar. 1, 15 & 29, Apr. 12

In this group study, students will gain a knowledge of the basic narrative of American history through an examination of how religion in its various guises and forms impacted the development of first the colonies and then the republic and finally the democracy. It will include learning about the diversity of peoples and practices, particularly as related to religion, about the common institutions in American society and their effects on various groups, and about how America's religious stances have impacted its relationships in the global arena.

#### **American History: Religion & American History 4 cr with Susan Hollis**

spaces avail.: 12 Intro/Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30-7:00 pm Jan. 25, Feb. 8, Mar. 1, 15 & 29, Apr. 12

In this group study, students will gain a knowledge of the basic narrative of American history through an examination of how religion in its various guises and forms impacted the development of first the colonies and then the republic and finally the democracy. It will include learning about the diversity of peoples and practices, particularly as related to religion, about the common institutions in American society and their effects on various groups, and about how America's religious stances have impacted its relationships in the global arena.

#### **American History: Religion & American History 4 cr with Susan Hollis**

spaces avail.: 12 Adv./Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Jan. 25, Feb. 8, Mar. 1, 15 & 29, Apr. 12

In this group study, students will gain a knowledge of the basic narrative of American history through an examination of how religion in its various guises and forms impacted the development of first the colonies and then the republic and finally the democracy. It will include learning about the diversity of peoples and practices, particularly as related to religion, about the common institutions in American society and their effects on various groups, and about how America's religious stances have impacted its relationships in the global arena. The student seeking to take this study for advanced credit should contact the mentor before the term begins (Susan.Hollis@esc.edu) describing his/her background that supports taking the study at this level.

#### **College Writing I: The Basics 4 cr with Wesley Mills**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Basic Communications - partially

Genesee Valley Center 106A; except March 22nd - Rm. 201 Mondays 5:30 - 7:30 pm Jan. 25; Feb. 1, 8, 22; Mar. 1, 8, 22, 29; Apr. 5, 12

This group study, College Writing (Part I) is designed for the student who may have some college writing experience or for the first-time college student who wants to become more confident and better able to write college-level essays. This group study (limited to 15 students) will meet regularly to review the principles and techniques of effective college writing so that the student will become more competent and better able to write college writing assignments. In this first College Writing study, students will learn to develop an argument and organize supporting details to support a thesis. The student will write a series of short academic assignments leading to an academic critical analysis paper; college-level research paper writing will not be covered in this study, but it is a focus of Part II of this study (College Writing II: The Research Paper). This study group will also give the student the opportunity to develop proficiency in oral discourse by doing short oral presentations. Regular attendance at weekly meetings is a requirement of this study. This study will partially meet the SUNY general education requirement for Basic Communications (a Research Paper assignment will not be included in this first half of a college writing study). It is also recommended that the student consider registering for the 2-credit Library Information and Database Research group study, as the library study complements and supplements material covered in this College Writing study; the two studies together will fully meet the general education requirement for Basic Communications. See other listing for the Library study.

**History: Women and the American Experience 4 cr with Susan Hollis**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Feb. 1 &amp; 22; Mar. 8 &amp; 22; Apr. 5 &amp; 26

This group study will acquaint the student with the broad outline of American history from the perspective of women and their history. Looking at the different periods of American history, the student will examine the different roles women assumed and their places in the development of the colonies into the Republic, their roles in the Revolutionary War and the early years of the new United States, how they moved for their own vote and their roles in abolitionism and the Civil War, their concern and participation in the social concerns of the latter part of the 19th century and the early 20th century, their roles in the two world wars, their instigation of the feminist movements of the 20th century, and other related topics.

**History: Women and the American Experience 4 cr with Susan Hollis**

spaces avail.: 15 Adv./Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Feb. 1 &amp; 22; Mar. 8 &amp; 22; Apr. 5 &amp; 26

This group study will acquaint the student with the broad outline of American history from the perspective of women and their history. Looking at the different periods of American history, the student will examine the different roles women assumed and their places in the development of the colonies into the Republic, their roles in the Revolutionary War and the early years of the new United States, how they moved for their own vote and their roles in abolitionism and the Civil War, their concern and participation in the social concerns of the latter part of the 19th century and the early 20th century, their roles in the two world wars, their instigation of the feminist movements of the 20th century, and other related topics.

**Religion & American History 4 cr with Susan Hollis**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in American History - fully

Genesee Valley Center 205 Mondays 5:30 - 7:00 pm Jan. 25, Feb. 8, Mar. 1, 15 &amp; 29, Apr. 12

In this group study, the student will gain a knowledge of the basic narrative of American history through an examination of how religion in its various guises and forms impacted the development of first the colonies and then the republic and finally the democracy. It will include learning about the diversity of peoples and practices, particularly as related to religion, about the common institutions in American society and their effects on various groups, and about how America's religious stances have impacted its relationships in the global arena.

**Statistics 4 cr with Robert Teitelbaum**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Mathematics - fully

Genesee Valley Center 225 Mondays 5:30 - 7:30 pm Jan. 25; Feb. 8; Mar. 1 &amp; 22; Apr. 12 &amp; 26

Managers and analysts need a basic understanding of statistical techniques to interpret business and other data, design studies, evaluate research and make decisions. This study provides a basic understanding of statistical concepts and develops the ability to perform and interpret basic statistical tests. This study takes an applied, non-theoretical approach. Topics include descriptive statistics, frequency distributions, probability rules and distributions, confidence intervals, sample size, hypothesis testing, correlation, and regression.

---

**Tuesdays**

---

**Body Mind Balance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Road, Penfield, NY 14526 (just east of the 4 corners area on Route 441 in Penfield). Great Hall Tuesdays 5:35 - 6:55 pm Every Tuesday, with one spring break - TBA - 13 weeks required. Students must obtain class schedule from Elizabeth Clark at 585-442-5988.

Students work weekly in required studio class to develop increasing awareness of the impact of visualization and balance on their capacity for movement arts. Goals include to improve posture, body balance, stress reduction, awareness of both right and left sides of the body in visualization, and to learn ideokinetic informed movement principles. Techniques include constructive rest, may include individual posture analysis, and visualization related to expressive movement. Requires weekly attendance, keeping a journal of all studio classes and home practice; use of one major outside book resource, and final report essay on what was learned and applications to movement tasks and opportunities beyond class. Contact Elizabeth Clark (585-442-5988) for details and meeting calendar.

**Multicultural Literature 4 cr with Leslie Edwards**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in Humanities - fully

Genesee Valley Center 201; except Jan. 19 (rm. 225) Tuesdays 5:30 - 7:30 pm Jan. 19 &amp; 26; Feb. 9 &amp; 23; Mar. 9 &amp; 23; Apr. 6, 13, &amp; 27

This group study is intended to give an in-depth understanding of American literature from the perspective and experiences of American

writers of African, Asian, Hispanic/Latino, and Native American ancestry. The study will view literature in the context of cultural heritage, traditions and values; and explore issues such as assimilation and acculturation, and family and gender roles.

**Nutrition Study Group 4 cr with Ruth Silver**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Natural Sciences - fully

Genesee Valley Center 106A Tuesdays 12:00 - 2:00 pm Jan. 19; Feb. 23; April 13 & 27

This is an introductory level study open to all students. There are no prior studies required. The study introduces the digestive system and follows nutritional requirements throughout the lifecycle. The nutrient groups, various diets and maintenance of health are considered.

**Spanish Language & Culture (Rochester Group) 4 cr with Joyce Howland**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center 201, except on Apr. 6 in Rm. 205 Tuesdays 5:30 - 7:30 pm Feb. 2 & 16; Mar. 2 & 16; Apr. 6 (makeup on Apr. 20)

This study emphasizes the culture of Spanish speaking peoples and investigates the music, food and customs as well as the language. If you need to take this study for a credit amount other than 4 credits, a study for 3 credits can be developed. Please have your primary mentor add the appropriate 3 credit study to your worksheet.

---

**Wednesdays**

---

**Diversity in Dance-Multicultural & World Dance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Wednesdays 7:00 - 8:30 pm Every Wednesday, with one spring break - TBA - 13 weeks required; contact Elizabeth Clark at 585-442-5988

Weekly studio class with Elizabeth Clark, performing artist and award-winning dance educator, in world dance traditions including South Asia, Polynesian, and Iberian character modes, is supplemented by journal assignments, viewing recorded performances, and one major outside reading source. Study includes history and appreciation of world roots of modern dance in America. Culminating paper integrates and demonstrates learning from studio, reading, and viewing activities. Contact Elizabeth Clark at 585-442-5988 for more details and meeting calendar.

**Fundamentals of Human Biology Study Group 4 cr with Ruth Silver**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Natural Sciences - fully

Genesee Valley Center Rm. 201 Wednesdays 12:00 - 2:00 pm Jan. 20; Feb. 10 & 24; Mar. 10; Apr. 14 & 28

This study of biology is open to all students. It fulfills the human biology requirement for human services students. It is an introduction to life science covering cells, metabolism, human organization, the human systems, evolution and diversity

**Legal Environment of Business Law II 4 cr with Kristen Thorsness**

spaces avail.: 15 Adv./Liberal

Genesee Valley Center 106A, except 1/20 (Rm. 225); 3/2 (Rm. 225); and 3/30 (Rm. 201) Wednesdays 6:00 - 8:00 pm Jan. 20; Feb. 3 & 17; Mar. 2, 16, & 30; Apr. 14 & 28

Building on Legal Environment of Business I, this study group will examine the variety of forms that business entities may assume, and the strengths/weaknesses of each, issues of employment law and discrimination, the regulatory environment, anti-trust and corporate governance. In addition to group discussion and written assignments, each student will research an issue related to business law, present their research to the class and lead a class discussion on their topic.

**Modern Dance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY Great Hall Wednesdays 7:00-8:30 pm Every Wednesday, with one spring break - TBA - 13 weeks required.

Contact Elizabeth Clark 442-5988 to determine whether this is the correct level of study for you. Elizabeth Clark's e mail: Elizabeth.Clark@esc.edu.

**Organizational Behavior 3 cr with Robert Teitelbaum**

spaces avail.: 15 Adv./Liberal

Genesee Valley Center 225 Wednesdays 5:30 - 7:00 pm Jan. 27; Feb. 10 & 24; Mar. 10 & 24; Apr. 7 & 21

This study is designed to explore and impart an understanding of human behavior in organizations. The student will become familiar with and develop a working knowledge of the various behavioral theories that attempt to explain how people relate to one another in an organization and to the organization itself. By the end of this study, the student will be able to interpret behavior of individuals within organizations. The student will also be able to apply this knowledge to suggest behavior that is appropriate in a given situation within a particular organization.

**Organizational Behavior 4 cr with Robert Teitelbaum**

spaces avail.: 15 Adv./Liberal

Genesee Valley Center 225 Wednesdays 5:30 - 7:00 pm Jan. 27; Feb. 10 & 24; Mar. 10 & 24; Apr. 7 & 21

This study is designed to explore and impart an understanding of human behavior in organizations. The student will become familiar with and develop a working knowledge of the various behavioral theories that attempt to explain how people relate to one another in an organization and to the organization itself. By the end of this study, the student will be able to interpret behavior of individuals within organizations. The student will also be able to apply this knowledge to suggest behavior that is appropriate in a given situations within a particular organization.

**Principles of Macroeconomics 4 cr with Robert Teitelbaum**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Social Sciences - fully

Genesee Valley Center 225 Wednesdays 5:30 - 7:00 pm Feb. 3 & 17; Mar. 3, 17 & 31; Apr. 14 & 28

Students will gain an understanding of how the economy works as a whole. Both global and national conditions and decisions will be studied in relation to the economy as a whole. Major topics in Macroeconomics will be explored to give the student an understanding about aggregate components of the economy, such as income, consumption, production, growth, fiscal policy, national debt, unemployment, inflation, monetary policy, banking, and international trade. Students will use learned skills to analyze situations and events, both national and global. The student will have opportunities for regular discussion of key topics and analyses in group study meetings. Previous study of Microeconomics recommended. (If this is not the case, please contact the mentor prior to the start of the study for some background preparatory material.)

**World Dance, Children's Dance, Introduction 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Avenue, Rochester, NY14618 Great Hall Wednesdays 7:00 - 8:30 pm Every Wednesday, with one spring break - TBA - 13 weeks required. Student must obtain class schedule from Elizabeth Clark at 585-442-5988.

Explore basic movement in several world, social, and modern dances that will expand your movement vocabulary and that will be useful in child development and education. Improve your own health with exercises of breathing, range of motion, muscular tone, posture alignment, and guided freedom to explore creative sources in different cultures, images, and traditions. We emphasize the image and story aspects of dancing. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

---

**Thursdays**

---

**American Sign Language 1 3 cr with Kimberly Geesler**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center 225 Thursdays 5:00 - 7:50 pm Jan. 21 & 28; Feb. 4, 11, 18, & 25; Mar. 4, 11, 18, & 25; Apr. 8, 15, 22, & 29

This study group is designed for students who never have learned ASL, or have little experience using ASL. It focuses on learning a variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

**American Sign Language 1 4 cr with Kimberly Geesler**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center 225 Thursdays 5:00 - 7:50 pm Jan. 21 & 28; Feb. 4, 11, 18, & 25; Mar. 4, 11, 18, & 25; Apr. 8, 15, 22, & 29

This study group is designed for students who never have learned ASL, or have little experience using ASL. It focuses on learning a variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

**Introduction to Digital Photography 4 cr with Pat Maley**

spaces avail.: 15 Intro/Non-Liberal fulfills SUNY gen. ed. req in The Arts - fully

Genesee Valley Center 201 Thursdays 6:00 - 8:00 pm Jan. 21; Feb. 4 & 18; Mar. 4 & 18; Apr. 1, 15 & 29

Students will learn how to use digital technology to capture, scan, edit, and restore photographic images. This study is intended for the student who has working knowledge of the basics of either the Windows or Mac operating system, as well as having completed a study in traditional photography (or equivalent experience). This plan will be implemented by reviewing principles of composition; discussing and practicing various styles of photography; learning to use appropriate digital photographic editing software, and, finally, how to prepare the final images for various means of display, from hard copy printing to digital display. Students must provide their own digital camera, preferably a manual and not automatic one.

**Introduction to Psychology 3 cr with Kelly Beach-Polizzi**

spaces avail.: 15 Intro/Liberal

Genesee Valley Center 201 Thursdays 6:45 - 8:00 pm Jan. 28, Feb. 18, Mar. 11, Apr. 22

This is an introductory-level study for 3 credits in Introductory Psychology. During the course of this study, the student will gain knowledge of the major areas of psychological theory and research, including biopsychology, sensation/perception, learning, language, cognition, emotion, personality, development, abnormal behavior, and social psychology.

**Introduction to Psychology 4 cr with Kelly Beach-Polizzi**

spaces avail.: 15 Intro/Liberal

Genesee Valley Center 201 Thursdays 6:45 - 8:00 pm Jan. 28, Feb. 18, Mar. 11, Apr. 22

This is an introductory-level study for 4 credits in Introductory Psychology. During the course of this study, the student will gain knowledge of the major areas of psychological theory and research, including biopsychology, sensation/perception, learning, language, cognition, emotion, personality, development, abnormal behavior, and social psychology.

**Library Information & Database Research 2 cr with Nanci Nugent**

spaces avail.: 15 Intro/Non-Liberal

Central Branch Public Library - South Ave., Rochester, NY (Bausch & Lomb Bldg.) Thursdays 5:30-7:30

The purpose of this study is to provide an opportunity to learn how to use the resources of the public library effectively and to learn about different types of information, where to locate information, how to retrieve it, and how to use it effectively for research, including using information and research databases available through the Empire State College online library. The student is required to attend group sessions (approximately 5-6 sessions) at the downtown Central Library. All study materials will be provided at group meetings.

**Native North American Arts Group Study 4 cr with Marc Cirigliano**

spaces avail.: 15 Intro and fulfills SUNY gen. ed. req in Other World Civilizations - fully  
Adv./Non-Liberal

Genesee Valley Center 106A Thursdays 6:00 - 8:00 pm Jan. 28; Feb. 11 & 25; Mar. 11 & 25; Apr. 8 & 22

In this group study of Other World Civilizations, students will explore central aspects of the arts, cultures and societies of Native North America. These will include the Mound Builders, the Mississippi Chiefdoms, the Eastern Woodlands, the Great Plains, the Canyons and Deserts of the South-West, the Basketmakers of California, and the Arts of the North-West Coast. Learning will also include the context, materials and techniques involved in designing and making the arts of architecture, painting and engraving, textiles, sculpture and basketweaving. As well, we will also learn about the interaction of Native and European cultures. Group meetings will be at the Genesee Valley Center. Students will be required to regularly visit the Rochester Museum and Science Center, under special admission arrangements, to visit their Native American Collection.

**Statistics for Social Science 3 cr with Kelly Beach-Polizzi**

spaces avail.: 15 Intro/Liberal

Genesee Valley Center 201, except Apr. 1 & 22 (Rm. 205) Thursdays 5:30 - 6:45 pm Jan. 28, Feb. 18, Mar. 11, Apr. 1, Apr. 22

Statistics for Social Science provides an introduction to using statistics to describe and interpret data. It introduces students to statistics in 3 ways. After providing students with a background in statistical concepts, it shows students how to interpret statistics in professional publications. It also shows students how to perform statistical analysis using computer software and it provides students with guidelines for interpreting statistical results produced by computer software.

**Statistics for Social Science 4 cr with Kelly Beach-Polizzi**

spaces avail.: 15 Intro/Liberal

Genesee Valley Center 201, except Apr. 1 & 22 (Rm. 205) Thursdays 5:30 - 6:45 pm Jan. 28, Feb. 18, Mar. 11, Apr. 1, Apr. 22

Statistics for Social Science provides an introduction to using statistics to describe and interpret data. It introduces students to statistics in 3 ways. After providing students with a background in statistical concepts, it shows students how to interpret statistics in professional publications. It also shows students how to perform statistical analysis using computer software and it provides students with guidelines

for interpreting statistical results produced by computer software.

**Western Civilization: Environmental Issues 4 cr with Marc Cirigliano**

spaces avail.: 20 Intro/Liberal fulfills SUNY gen. ed. req in Western Civilization - fully

Genesee Valley Center 106A Thursdays 6:00 - 8:00 pm Jan. 21; Feb. 4 & 18; Mar. 4 & 18; Apr. 1 & 15

We will study the growth, accomplishments and environmental impact of modern Western civilizations since the Enlightenment to the present. We will learn about: The rise of representative democracy, the cities and science. Environmental principles such as exponential growth, carrying capacity, draw down, overshoot, die off and sustainability. An energy systems approach to social development and change. Students will give brief presentations; develop outlines, or ordered and organized notes from the readings; and write the following: several brief papers, plus two 8-10 page papers on topics that arise from our discussions about the readings.

**Yoga & Dance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

Penfield First Baptist Church, 1862 Penfield Road, Thursdays 4:00 - 5:30 pm Every Thursday, with one spring break - TBA - 13 weeks required.

Students attend weekly studio classes that integrate core concepts of Yoga into movement practice and dance. They read an accompanying text, keep journal notes on both text reading and class experiences, and observe at least 2 other performance or class examples of yoga and/or East Indian dance forms. Selections must be approved in advance by the instructor. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

---

**Fridays**

---

**Ballet-Studio & History 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Fridays 5:45 - 7:15 pm Every Friday, with one spring break - TBA - 13 weeks required; contact Elizabeth Clark at 585-442-5988.

This study provides the opportunity to achieve a beginning understanding and training in ballet technique as well as a basic understanding of its history and aesthetic in the context of the performance arts, meeting the SUNY general education requirement in the Arts. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source. Contact Elizabeth Clark (585-442-5988) for more details and a meeting calendar.

**Wellness Through Movement 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Avenue, Rochester, NY 14618 Great Hall Fridays 4:45 - 5:45 pm Every Friday, with one spring break - TBA - 13 weeks required. Students must obtain class schedule from Elizabeth Clark at 585-442-5988.

This study combines the arts of dance, imagery, imagination, and movement utilizing ideokinetic principles for application to a lifetime of wellness. Specific techniques include ideokinetic facilitation, constructive rest, perceptual pathways, and posture analysis/improvement. Students will attend required weekly class, keep a required journal, and write a final report essay on their learning, supported by their instruction and individualized discussions with the instructor as well as reading and note-taking on one major outside book resource. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

---

**Saturdays**

---

**American Sign Language 1 3 cr with Kimberly Geesler**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center 106A Saturdays 9:00 - 11:50 am Jan. 23 & 30; Feb. 6, 13, & 27; Mar. 6, 13, 20, & 27; Apr. 10, 17, & 24

This study group is designed for students who never have learned ASL, or have little experience using ASL. It focuses on learning a variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

**American Sign Language 1 4 cr with Kimberly Geesler**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center 106A Saturdays 9:00 - 11:50 am Jan. 23 & 30; Feb. 6, 20, & 27; Mar. 6, 13, 20, & 27; Apr. 10, 17, & 24

This study group is designed for students who never have learned ASL, or have little experience using ASL. It focuses on learning a

variety of communication skills such as utilizing ASL phrases, sentences, and phrases which we use them as everyday conversations. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will gain a better understanding of Deaf culture, and strongly emphasizes student participation.

**Survey of College Math 3 cr with Robert Teitelbaum**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Mathematics - fully

Genesee Valley Center 225 Saturdays 9:30 - 11:30 am Jan. 23 & 30; Feb. 20 & 27; Mar. 6, 13, 20 & 27; Apr. 10 & 24

Survey of College Math is designed for students in any discipline. This is an introductory level, liberal study in college mathematics that meets the SUNY general education requirement for Mathematics. No prior college-level math is required and this study will provide good preparation and foundation for later studies in statistics, economics or science. Topics covered include set theory, number systems, probability and statistics, algebra, geometry and consumer math. The study emphasizes problem solving skills and awareness of applications.

**Survey of College Math 4 cr with Robert Teitelbaum**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Mathematics - fully

Genesee Valley Center 225 Saturdays 9:30 - 11:30 am Jan. 23 & 30; Feb. 20 & 27; Mar. 6, 13, 20 & 27; Apr. 10 & 24

Survey of College Math is designed for students in any discipline. This is an introductory level, liberal study in college mathematics that meets the SUNY general education requirement for Mathematics. No prior college-level math is required and this study will provide good preparation and foundation for later studies in statistics, economics or science. Topics covered include set theory, number systems, probability and statistics, algebra, geometry and consumer math. The study emphasizes problem solving skills and awareness of applications.

---

**Meeting dates/times/locations not yet published**

---

**American Sign Language 2 3 cr with Kimberly Geesler**

spaces avail.: 12 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study is designed for students who have had ASL 1 or otherwise have had the permission of the instructor. It is a continuation of ASL 1, with emphasis on basic language skills for communication and on cultural aspects to promote understanding and appreciation of Deaf culture. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will continue to gain a better understanding of Deaf culture, and the study strongly emphasizes student participation.

**American Sign Language 2 4 cr with Kimberly Geesler**

spaces avail.: 12 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study is designed for students who have had ASL1 or otherwise have had the permission of the instructor. It is a continuation of ASL 1, with emphasis on basic language skills for communication and on cultural aspects to promote understanding and appreciation of Deaf culture. Students will develop a better knowledge of using sign production skills and sign comprehension skills with vocabulary words. In addition, the students will continue to gain a better understanding of Deaf culture, and the study strongly emphasizes student participation.

**Asia/Pacific Rim as Other World Civilization 4 cr with Adele Anderson**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in Other World Civilizations - fully  
Social Sciences - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This is a General Education study in Other World Civilizations that examines this region in historical and cultural context. After an overview, students will select a particular region and period of history to examine in closer detail. Please contact the mentor immediately to receive recommendations for readings for this study at Adele.Anderson@esc.edu. Students needing credit amounts other than 4 must check with the instructor and their primary mentor to have a study added to their worksheet that meets their needs.

**College Writing II 4 cr with Wesley Mills**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Basic Communications - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study, College Writing II: The Research Paper, is designed for the student who has taken "College Writing I: The Basics" or has mastered the basic principles and techniques of effective academic prose and wants to learn how to write a College Research Paper. This group study (limited to 15 students) will meet regularly to review and focus on the components of an academic research paper, including: topic selection and focus, the research question, the research process, thesis selection and support, citation and

documentation, and appropriate writing style. Regular attendance at weekly group meetings is required. The study meets the SUNY general education requirement for Basic Communication.

**Critical Reading Group Study 2 cr with Wesley Mills**

spaces avail.: **15** Intro/Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In the college setting, students are frequently required to read and analyze numerous academic readings (textbooks, extended essays, research articles, etc) in a relatively short period of time. Within this group study, students will explore a variety of reading skills and strategies that are designed to increase their ability to comprehend, analyze, and evaluate college-level readings. In addition, this study will also explore reading strategies that have been proven to be successful for specific academic disciplines. This study provides an excellent opportunity for students to develop an individualized plan for systematically analyzing college-level readings in their area of study and beyond. This study is beneficial whether students are new to the college or beginning to engage in advanced-level studies. It meets for half of the term and is a companion study to Critical Thinking which is offered in the other half of the term. This study is a "blended study" which means that both face-to-face meetings and an online course space will be used.

**Critical Thinking Group Study 2 cr with Seana Logsdon**

spaces avail.: **10** Intro/Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Critical thinking is a skill that is used in a variety of environments. In many studies at Empire State College, students will be asked to "analyze" or "evaluate" academic concepts within readings, through writing papers, and in conversations with their mentors. To engage in this analysis or evaluation, students will be required to utilize many of concepts and strategies associated with critical thinking. This study will introduce students to the knowledge and skills necessary to apply a systematic approach of critical thinking to studies at Empire State College as well as other life activities. Within this study, students will explore concepts related to critical thinking, tools for enhancing critical thinking within academic studies, and the relationship of critical-thinking to decision-making processes. Students will be given the opportunity to practice their critical thinking skills through the exploration of a contemporary issue. It meets for half of the term and is a companion study to Critical Reading which is offered in the other half of the term. This is a "blended study" which means there will be both online work and face-to-face meetings.

**Dance: A Living & Historical Art 4 cr with Elizabeth Clark**

spaces avail.: **15** Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The student will work with tutor Elizabeth Clark in this study that is an introduction to Dance, an introduction to the Arts and satisfies the SUNY general education requirement in the Arts. The study will consist of learning about the theory, practice and history of dance through the following learning activities: Attending 13 weekly classes at Elizabeth Clark's studio. Keeping a journal that will consist of written notes from class, observations on any of the learning activities, and sketches/drawings of central learning issues. Reading, taking notes from and writing a final 12 page report on one main outside reading source. Attendance at studio class is mandatory. The goal of this study is multifold: To develop a theoretical, artistic and historical familiarity with dance. To see that dance or movement is a central part of one's self-development. To develop an overall sense of health and wellness for both body and mind by means of proper warm-up and cool down To explore dance as an artistic medium that is thriving today and has rich history of its own. Contact Elizabeth Clark at: 585-442-5988 to discuss.

**Psychology of Personal Adjustment 4 cr with Gary Krolkowski**

spaces avail.: **10** Intro/Non-Liberal fulfills SUNY gen. ed. req in Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

The group study of psychology of personal adjustment explores the self in relationship to daily living. Topics include self-awareness, interpersonal communication, developing close relationships, conflict resolution, stress/wellness, values and life planning. Research related to these topics will also be included.

**Study Skills & Strategies for the Self-Directed Learner 4 cr with Seana Logsdon**

spaces avail.: **15** Intro and Adv./Liberal fulfills SUNY gen. ed. req in Basic Communications - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\* 106A 12:00 - 2:00 pm January 22 and April 30

Students at Empire State College spend a considerable amount of time independently acquiring information and learning new skills. With each new study, a student may need to plan, implement, and demonstrate learning to successfully earn college credit. This process is often called "self-directed learning." This study is designed to explore, analyze, and apply skills and strategies needed to successfully complete self-directed learning experiences. The first half of the study will focus on self-reflection and behaviors typically associated with self-directed learners. The second half of the study will focus on communication and critical analysis strategies/skills necessary to learn from multiple forms of sources (print, visual, and electronic) and mentor meetings. The ultimate goal of this study is to assist students with a transition to a study environment at Empire State College in which they have the primary responsibility for their learning. This study is usually taken at the introductory level and is appropriate for any student entering the college. With advance permission from the mentor, this study may be offered at the advanced level. Additional readings and a research project will be added at the advanced level.

The majority of this study will be completed with an online course space. Two face-to-face meetings will be required. At the initial face-to-face meeting, an orientation to the online course space will be provided. Please note, this study group is limited to students at the Rochester location.