

space availability for study groups as of 01/25/2016 04:00PM

Go to <http://www.esc.edu/myesc> to register

## Online Study Groups

### **Counseling Theory 4 cr with Jennifer Spitz**

spaces avail **\*CLOSED\*** Adv./Liberal

\*\* Online Study Group \*\*

This study of counseling theories will give students the opportunity to compare 4 major schools of personality theory and therapy: psychoanalytic approaches, cognitive behavioral approaches, humanistic approaches and family therapies. Students will learn to identify how each approach makes different assumptions about what causes mental distress and mental health; how each approach conceptualizes the process of change clients; and how each approach structures treatment and the role of the counselor. Students will have ample opportunities to apply the concepts they are learning to case material so that they can begin to see the relative strengths and weaknesses of each approach and when it is best used. The student will also examine the ethical values and issues raised in working with these approaches.

### **Everyday Science 4 cr with Ralph Mitchell**

spaces avail **13** Intro/Liberal fulfills SUNY gen. ed. req | Natural Sciences - fully

\*\* Online Study Group \*\*

Here is a chance to fulfill your Natural Sciences general education requirement from the comfort of your own home. This study will be conducted entirely online. What is free fall? How do sonograms work? What do compact discs and lasers have in common? How are microwave ovens and chemical bonds related? What is acid rain? How are Earth's motions and ice ages related? What causes earthquakes and tsunamis? You will be able to answer these everyday science questions and others while taking this online participatory study group. This study will provide a general survey of general science including chemistry, physics, astronomy and earth science. Participants in this study group will be able to use this knowledge of science to make informed decisions at work and at home. The group is intended for students whose concentrations are in areas other than science, but who desire a study such as this to support or add to their degree program plans. Some knowledge of first-level college mathematics would be useful, but this is primarily a study of basic science principles. Students will cover a range of topics including the laws of motion, simple machines, solar energy, lasers, the solar system, rocks and minerals, and chemical reactions. Students will read portions of a standard text in science, solve a selection of problems and exercises in each of the chapters covered, and submit their work via email to the instructor for review. Students will interact with other students and with the instructor using a dedicated web site set up by the instructor for discussions and questions on the material being covered. The web site will include study announcements, assignments and requirements, and responses to questions from the instructor and from other student participants. The instructor will contact students by email at the beginning of the term.

### **Exploring Happiness through Philosophy & Religion 4 cr with Robert Altobello**

spaces avail **15** Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\* Online Study Group \*\*

There seems to be a strong contemporary interest in happiness. Numerous scholars from many disciplines (philosophy, religion, psychology) are writing on the topic, and many of these books are appearing on best-seller lists. Harvard's most popular course is currently a study on happiness. In this study group we will explore and critically evaluate the most famous ancient and modern theories of happiness, read a history of happiness philosophies, and then compare these ancient and modern views to those currently dominating the current happiness boom!

## Hartsdale Study Groups

Tuesdays

### **Organizational Behavior 4 cr with Linda Treinish**

spaces avail 9 Adv./Liberal

Hartsdale Tuesdays 6:00pm-8:00pm 1/26; 2/9; 2/23; 3/8; 3/22; 4/12

In this study group, students will explore the dynamics of individual and group behavior in organizations. Topics include diversity, perception, motivation, teamwork, leadership, decision-making and corporate culture. Using experiential exercises, self-assessments and cases for critical thinking we will examine the theories and skills needed to lead an organization to success. Contact Information: Linda.Treinish@esc.edu or 914-285-1957.

### **Strategic Management 4 cr with Linda Treinish**

spaces avail 12 Adv./Liberal

Hartsdale Tuesdays 6:00pm-8:00pm 2/2; 2/16; 3/1; 3/15; 3/29; 4/26

Why do some companies succeed while others fail? This study will explore the strategies managers can use to have a major impact on company performance relative to its competitors. Topics include strategic leadership, external analysis of opportunities and threats, internal analysis of an organization's strengths and weakness, and building competitive advantage through functional, business and corporate level strategies. This study is done in a blended learning format. We will meet as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. Students will consult with a local small business to help enhance the firm's competitive advantage. The students will analyze all aspects of the business and make recommendations for areas of improvement. There will be 1 - 2 meetings with our client, online group discussion and a final presentation to the client. This is a capstone study and students registering should have completed at least 3- 4 advanced level business studies.

Thursdays

### **Introduction to Drawing & Painting 4 cr with Hillary Hostetler**

spaces avail 15 Intro/Non-Liberal fulfills SUNY gen. ed. req | The Arts - fully

Hartsdale Thursdays 6:30pm-8:30pm 1/21; 2/4; 2/18; 3/3; 3/17; 3/31; 4/14

Students in this study will participate in a variety of hands on drawing and painting lessons with the instructor, learning fundamental skills and techniques. Proceeding through a sequential study of visual artistic expression, from perceptual drawing in black and white with pencil, charcoal and pen and ink, to emphasizing line, form, and composition, and on to watercolor painting with color. The effect of light, atmospheric and linear perspective, and color theory will be addressed through readings and supervised independent assignments. Additionally, students will gain knowledge of historical and contemporary visual arts as well as gain the vocabulary to write about the arts, through a museum visit, readings, and a reflective short final essay. Students wishing to take this study at the advanced level should consult the instructor before registering.

Saturdays

### **Exploring Ethics Across the Disciplines 4 cr with Jennifer Spitz**

spaces avail 1 Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

Hartsdale Saturdays 9:30am - 12:30pm 1/30; 3/12; 4/9

This study is done in a blended learning format. It will be a team-taught study with faculty from a diverse array of disciplines (i.e., business, human services, philosophy, and literature). We will meet 3 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. The purpose of this format is to offer students a dynamic interactive environment that provides participants the opportunity to work and study in a social network style of learning setting with ongoing feedback being provided by the study instructors. Ethics are part of the fabric of life. In both our personal and professional lives, we are often confronted with ethical dilemmas—difficult decisions about the right thing to do. In this study group, we will explore some important contemporary ethical dilemmas and ethical modes of problem-solving from an interdisciplinary perspective. We will examine business, dilemmas, human service issues, social problems, and the methods used to generate informed solutions. Student will be introduced to the distinct methods of ethical reasoning found in each discipline. Specific issues from each discipline will be examined, and we will develop and analyze a body of research that examines current scholarship related to each problem. This study can be used as a substitution for Business Ethics and also to meet Human Service Ethics requirement.

**Exploring Ethics Across the Disciplines 4 cr with Linda Treinish**spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

hartsdale Saturdays 9:30am - 12:30pm 1/30; 3/12; 4/9

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**Exploring Ethics Across the Disciplines 4 cr with Robert Altobello**spaces avail **2** Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

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Meeting dates/times/locations not yet published

**Corporate Finance 4 cr with Renata Kochut**spaces avail **14** Adv./Non-Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In this study, students have the opportunity to understand and apply the theories of corporate finance. Focus is on the dynamic economic environment in which corporate financial decisions are made, the role of the financial manager within the firm, and the empirical aspects of corporate finance. Topics include the financial environment; techniques of financial analysis and planning; management of working capital; fixed assets and capital budgeting; cost of capital; dividend policies; and sources of long-term financing. This study is done in a blended learning format. We will meet 5 times as a study group and students will also be required to participate in online discussions and complete online assignments on the course website. Prerequisites: Introduction to Accounting, Economics/Macro or Economics/Micro, Algebra and/or Statistics or their equivalents.

## Nanuet Study Groups

### Mondays

#### **Child Development 4 cr with Arlene Rider**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Nanuet Mondays 6:00pm-8:00pm 2/8; 2/22; 3/7; 3/21; 4/4; 4/18

The purpose of this study group is to introduce the student to child development as a field of study and specialization, and examine the role played by research throughout the study of development. The student will develop an understanding of the genetic basis of development as well as the physical, motor, sensory, perceptual, cognitive, language, and emotional development from prenatal through adolescents from a theoretical as well as a practical point of view. The student will gain understanding of the moral, gender, and social development of the child, family, and peer relationships. Finally, the student will gain an understanding of the role home, society and media have on development.

#### **Survey of European History 4 cr with Denise Kawasaki**

spaces avail **12** Intro/Liberal fulfills SUNY gen. ed. req | Western Civilization - fully

Nanuet Mondays 6:00pm-8:00pm 2/8; 2/22; 3/7; 3/21; 4/4; 4/18

This study will cover the history of Europe from 500-1500. The learner will investigate the decline of the Roman Empire in the West, the growth of the Church and the movements of the Germanic peoples. This study will also look at the Byzantine Empire and the Islamic World and their relationship to medieval Europe during this period. The study will cover both the political history of the period and also consider the roles of the women, Jews, heretics and non-Europeans during the Middle Ages.

### Wednesdays

#### **College Writing 4 cr with Karyn Driscoll**

spaces avail **14** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully

Nanuet Wednesdays 6:00pm-8:00pm 2/17; 3/2; 3/16; 3/30; 4/13; 4/27

This study will enable students to become more confident and proficient in writing college-level essays, developing an argument, and organizing details to support and sustain a thesis. These skills are applicable to any discipline. This study will involve extensive writing, both formal and informal, and aims to advance critical thinking abilities and teach proper citation form.

### Thursdays

#### **Economics 6 cr with Ralph Armenta**

spaces avail **11** Intro/Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Nanuet Thursdays 6:00pm-8:00pm 1/21; 2/4; 2/18; 3/3; 3/17; 3/31; 4/14; 4/28

This study group will cover both macro- and micro-economics. Topics will include basic economic theories, principles and issues; the market system; the history and growth of the economy; savings and investment dynamics; supply and demand; money and banking; fiscal and monetary policy; prices and resource allocation; competition; big business; market imperfections; income distribution; trade; the underdeveloped world; and economic planning.

#### **Math in the Real World 4 cr with Jacqueline Vlymen**

spaces avail **13** Intro/Liberal fulfills SUNY gen. ed. req | Mathematics - fully

Nanuet Thursdays 6:00p-8:00p 2/11; 2/25; 3/10; 3/24; 4/7; 4/21

This study will explore the applications of various quantitative methods to real-life problem-solving and decision-making.

### Sundays

#### **Counseling Theory 4 cr with Jennifer Spitz**

spaces avail **\*CLOSED\*** Adv./Liberal

This study of counseling theories will give students the opportunity to compare 4 major schools of personality theory and therapy: psychoanalytic approaches, cognitive behavioral approaches, humanistic approaches and family therapies. Students will learn to identify how each approach makes different assumptions about what causes mental distress and mental health; how each approach conceptualizes the process of change clients; and how each approach structures treatment and the role of the counselor. Students will have ample opportunities to apply the concepts they are learning to case material so that they can begin to see the relative strengths and weaknesses of each approach and when it is best used. The student will also examine the ethical values and issues raised in working with these approaches.

[Meeting dates/times/locations not yet published](#)

**Family Storytelling 4 cr with Mara Mills**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study group is storytelling intensive. Using the richness of our family histories, participants will develop the skills necessary to write and present a story. Participants will present a story each group session for practice and skill building. Independent reading of specific books that rely on family stories will be used to broaden our sense of how a family story is used in literature. The use of family stories in therapy and counseling and their value in cultural preservation will also be addressed.

**Globalization 4 cr with Denise Kawasaki**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Other World Civilizations - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

How do we understand our rapidly changing world? The last 20 years have witnessed the growth of international trade, technology and the internet, as well as a number of challenges including global terrorism, unprecedented social change, outsourcing of jobs in the United States and the growth of manufacturing and service jobs in non-Western nations and tightly interconnected global financial systems. In this study, the student will explore the history and impact of Globalization through a series of readings in books, news articles and internet resources such as Youtube, news outlets and various blogs. This study will also look at the controversy concerning Globalization from the point of view of both proponents and opponents. A basic understanding of the economic, political and cultural forces at work in the world today is vital not only for well-informed citizens, but also anyone involved in politics, diplomacy or international business.

**Lifespan Development 4 cr with Arlene Rider**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study group will explore the physical, cognitive, emotional, and social development of the individual across the life cycle. Students will examine challenges and issues associated with each stage of development and the impact of social and cultural dynamics on the individual.

## Newburgh Study Groups

### Mondays

#### **Public Speaking Without Tears 4 cr with Bill Robins**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - partially

Newburgh Mondays 5:30pm-7:30pm 1/25; 2/1; 2/22; 2/29; 3/14; 3/28; 4/4; 4/18; 4/25

Public speaking -- standing up in front of a group of people to make your case, has been a fundamental means of communication throughout history. If it has not already, the need to be an effective public speaker will almost certainly touch you sometime in your life. When it does, you want to be ready. The goal of this study group is to give the students practice in some of the typical speaking situations they might face in their personal and professional lives. Each student will present: 1) a personal introduction, 2) a dramatic reading, 3) a story about something they treasure, 4) a demonstration, 5) an informative speech using PowerPoint slides, and 6) a persuasive speech. In addition, the study group will discuss how to research topics, organize your ideas, and present yourself in a confident, professional manner. Are you not comfortable about speaking in public? One of the major concerns students have about any speech class is stage fright. In practice, most successful speakers are nervous before making a speech. By preparing and presenting the different speaking situations outlined above, you will have the opportunity to gain confidence and make your nervousness work for you rather than against you. Each speech will be videotaped and detailed feedback provided by the instructor and study mates.

### Thursdays

#### **Family & Society 4 cr with Martin Knowles**

spaces avail **13** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Newburgh Thursdays 4:00pm-6:00pm 1/21; 2/4; 2/18; 3/3; 3/17; 3/31

In this study, students will explore the relationship of American families to the larger society and the various challenges and resources that contemporary families are facing. The study will include a historical perspective of social institutions such as marriage and family roles. In addition to the above, there will be a review of the diversity found in American families today that is typically considered an issue of race, class, and gender; and through this the student will be developing an understanding of the social and economic forces that influence family life.

### Saturdays

#### **The Journey We Call Life 4 cr with Wendy Chabon**

spaces avail **\*CLOSED\*** Adv./Liberal

Newburgh Saturdays 10:00am-1:00pm 1/23; 3/5; 4/16

This blended learning study group will enable students to explore many of the important aspects of "our emotional life" including relationships: family, friends and intimate partners; facing our fears, rethinking and redefining happiness along with strategies to achieve happiness. We will also cover theories of positive psychology and explore how people define and achieve their own "success" in life. Students will meet 3 Saturdays from 10-1 and we will do the rest of the work through moodle.

#### **The Long Term Effects on Members of an Addicted Person's Family 4 cr with Debbie Hutchinson**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Social Sciences - fully

Newburgh Saturdays 9:30am-12:30pm 1/30; 2/13; 2/27; 3/12

It is well documented and accepted that addiction is a family disease. This study group will focus primarily on the dynamics in the family where addiction exists, and breaking the patterns developed to originally cope with life. Addiction to substances, including alcohol, are not exclusively the focus of family treatment. A person's behavioral addictions, such as shopping, food, pornography, gaming, gambling, and sex can influence family members to adapt a life coping strategy just to exist and survive. This may include patterns of low self-esteem, hopelessness, shame, defensiveness, and tuning out. These patterns continue to be practiced long after the family no longer lives together, and often interfere with healthy future relationships. This study group will identify common adaptations of family members of the addicted person, and outline the paths towards healthier living in relationships, with colleagues, and within the community.

Meeting dates/times/locations not yet published

#### **Basic Spanish in the Workplace 4 cr with Elizondo, Carmen**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Foreign Language - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Basic Spanish in the Workplace study group is designed to be an independent educational process. The students will be given the opportunity, under the guidance of a native Spanish speaking instructor, to identify their individual learning needs. In addition, various learning approaches and resources are available for the students to select the best suitable learning tools. It is a highly interactive study with learning opportunities in and outside the classroom. The study will cover the basic of Spanish Language. An emphasis will be placed upon vocational terms, practical real life experiences with the language, culture, customs, and cultural/social etiquette. It will run for six consecutive 2-hour sessions to provide the students continuity in learning to practice Spanish.

**Intercultural Communication (Blended Study Group) 4 cr with Elaine Lux**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | Basic Communications - fully  
Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

In a relaxed and convivial atmosphere, we will explore the principles and dynamics of intercultural communication. The readings and study activities explore cultural identity and how culture shapes and impacts our perceptions and behaviors, including these topics: "Communication and Culture," "Cultural Patterns," "Perception," Cultural Identity," Verbal Intercultural Communication," "Nonverbal Intercultural Communication," "Listening," "Family and Friends," "Education," "Economics, Business, and Intercultural Communication," "Health," "Media and Technology," "Ethics," and "Developing Intercultural Competence." The study can be designed with a general or a business focus. Research activities will emanate from the readings and will involve experiential, as well as academic investigation. We will meet 3 times on site, and the rest of our discussions will be online, in the Moodle Room. The study content is both practical and interesting, and it will become even more alive to us as we share from our own lives, observations, text-reading, and research. Our textbook is informative, accessibly written, and invitational. Research activities emanate from the readings and can involve experiential, as well as academic investigation.

**Mental Illness in American Film 4 cr with Anna Bates**

spaces avail **\*CLOSED\*** Adv./Liberal fulfills SUNY gen. ed. req | American History - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study examines the history of the diagnosis and treatment of Mental Illness throughout American History. Students will read a textbook, and watch a variety films that depict various interpretations of and treatments for Mental Illnesses. Students will address questions such as: How have American films portrayed mental illnesses? Are those portrayals indicative of how mental illness was perceived and treated when the films were made? How have diagnoses of and treatments for mental illnesses changed over time? Students will submit essay assignments throughout the term, and complete a final project.

**Mortal Awakenings: Death & Dying through Film, Fiction, Theory 4 cr with Elaine Lux**

spaces avail **\*CLOSED\*** Intro and Adv./Liberal fulfills SUNY gen. ed. req | Humanities - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study explores mortality through the venues of literature and film, with background readings on theories of death and dying. Far from gloomy, the study allows us to appreciate the mode in which literature and film bring us in touch with our human concerns and to appreciate how humans derive hope even in the context of morality.

**Public Speaking 4 cr with Stacey Gallagher**

spaces avail **\*CLOSED\*** Intro/Liberal fulfills SUNY gen. ed. req | Basic Communications - fully  
Critical Thinking - partially

\*\*\* Meeting dates/time/location not yet determined \*\*\*

Students will learn the elements of evaluating and crafting clear informative and persuasive speeches. Students will outline and deliver three speeches, two recorded and emailed to me (which will require the student have access to the necessary digital tools) and one delivered in person to me and additional persons, selected by mutual arrangement between instructor and student.