

space availability for study groups as of 02/03/2010 12:40PM

Go to <http://www.esc.edu/myesc> to register

## Alfred Study Groups

Meeting dates/times/locations not yet published

### **Educational Planning 4 cr with Joyce Howland**

spaces avail.: 15 Adv./Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\* Thursday, April 1, 2010 @ 5:30 - 7:30 pm; Monday, April 12, 2010 @ 5:30 - 8:00 pm

There are 3 group meetings for this study and a 2-hour appointment with the mentor between the second and third meetings. Meetings are generally held on weekday evenings. This study is usually taken as one 4-credit study. However, it may be split into two 2-credit halves taken in consecutive terms. In order to earn credit for this study, the student must submit his or her degree plan to the Assessment Office in Rochester. This study is for matriculated students at the Alfred Unit.

### **Spanish Language & Culture 4 cr with Joyce Howland**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\* none at present time.

This study emphasizes the culture of Spanish speaking peoples and investigates the music, food and customs as well as the language. If you need to take this study for fewer than 4 credits, a study for 3 credits can be developed. Students who want credit amounts other than 4 should contact their primary mentor to have a study added to their worksheet that meets their needs. If fewer than four students register for this study it will be done as a guided independent study.

## Batavia Study Groups

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### Meeting dates/times/locations not yet published

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#### **Creative Writing Workshop 4 cr with Bruce Hilyard**

spaces avail.: 12

Intro and Adv./Liberal

fulfills SUNY gen. ed. req in Humanities - fully  
The Arts - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\* Conference Room 7:00 - 9:00 pm Mar. 30, Apr. 27, May 25, Jun. 29

In this workshop students will review creative writing in short fiction, drama, and poetry. The focus is on the elements and techniques that the three genres have in common, and elements and techniques specific to each genre. Students will also have the opportunity to present examples of their creative writing to an audience of their peers for support and critique, and to participate in discussion and activities related to creative writing processes.

#### **Introduction to Psychology 4 cr with Gayle Stever**

spaces avail.: 15

Intro/Liberal

fulfills SUNY gen. ed. req in Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This study is an overview of the many areas included in the field of psychology, including the history of psychology, research methods, psychobiology, sensation and perception, consciousness, learning, memory, cognition, language, intelligence, emotion, motivation, human development, gender, sexuality, health, stress/coping, personality, social relationships, psychological disorders, and therapies. It is designed to develop the foundation necessary for further study in particular areas of interest in psychology (both within this study and in more advanced studies in the future).

## Canandaigua Study Groups

Meeting dates/times/locations not yet published

**Western Civilization I: Antiquity to Reformation 4 cr with Robert Wasserlauf**  
spaces avail.: **15** Intro/Liberal

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study will survey the development of the history, institutions, economy, society and culture of Western civilization from Antiquity to the Reformation and relate this development to that of other regions of the world.

## Rochester Study Groups

### Mondays

#### **College Writing I: The Basics 4 cr with Leslie Edwards**

spaces avail.: **12** Intro/Liberal fulfills SUNY gen. ed. req in Basic Communications - partially

Genesee Valley Center 201 Mondays 5:30 - 7:30 pm 3/15, 3/29, 4/5, 4/12, 4/26, 5/3, 5/10, 5/17, 5/24, 6/7, 6/14, 6/21, 6/28

This group study, College Writing I: The Basics, is designed for the student who may have some college writing experience or for the first-time college student who wants to become more confident and better able to write college-level essays. This group study (limited to 15 students) will meet regularly to review the principles and techniques of effective academic prose, including establishing relevant ideas on which to write, mastering grammatical and stylistic conventions, developing a paper so that the subject is covered adequately for the intended purpose, and preparing the student to become more competent at writing future college assignments. Attendance at weekly meetings is a requirement of this study. This study partially meets the SUNY general education requirement for Basic Communication because it does NOT include a college research paper. It is also recommended that the student consider registering for the 2-credit study, "Library Information and Database Research." See other listing for the Library study. The 2 studies together will fulfill the general education requirement for Basic Communication.

### Tuesdays

#### **Body Mind Balance 4 cr with Elizabeth Clark**

spaces avail.: **15** Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

First Baptist Church of Penfield, 1862 Penfield Road, Penfield, NY 14526 Great Hall Tuesdays 5:35 - 6:55 pm Every Tuesday, beginning March 16, 2010 - 13 weeks required.

Students work weekly in required studio class to develop increasing awareness of the impact of visualization and balance on their capacity for movement arts. Goals include to improve posture, body balance, stress reduction, awareness of both right and left sides of the body in visualization, and to learn ideokinetic informed movement principles. Techniques include constructive rest, may include individual posture analysis, and visualization related to expressive movement. Requires weekly attendance, keeping a journal of all studio classes and home practice; use of one major outside book resource, and final report essay on what was learned and applications to movement tasks and opportunities beyond class. Contact Elizabeth Clark (585-442-5988) for details and meeting calendar.

#### **Critical Thinking Group Study 2 cr with Seana Logsdon**

spaces avail.: **8** Intro/Liberal

Genesee Valley Center 104 Tuesdays 5:30 - 7:30 pm 3/23, 4/13, 4/20

Critical thinking is a skill that is used in a variety of environments. In many studies at Empire State College, students will be asked to "analyze" or "evaluate" academic concepts within readings, through writing papers, and in conversations with their mentors. To engage in this analysis or evaluation, students will be required to utilize many of concepts and strategies associated with critical thinking. This study will introduce students to the knowledge and skills necessary to apply a systematic approach of critical thinking to studies at Empire State College as well as other life activities. Within this study, students will explore concepts related to critical thinking, tools for enhancing critical thinking within academic studies, and the relationship of critical-thinking to decision-making processes. Students will be given the opportunity to practice their critical thinking skills through the exploration of a contemporary issue. It meets for half of the term and is a companion study to Critical Reading which is offered in the other half of the term. This is a "blended study" which means there will be both online work and face-to-face meetings.

#### **Spanish Language & Culture (Rochester Group) 4 cr with Joyce Howland**

spaces avail.: **13** Intro/Liberal fulfills SUNY gen. ed. req in Foreign Language - fully

Genesee Valley Center Room 201; except 4/6 in Room 205 Tuesdays 5:30 - 7:30 pm 4/6, 4/21, 5/11, 5/18, 6/1, makeup on 6/15

This study emphasizes the culture of Spanish speaking peoples and investigates the music, food and customs as well as the language. If you need to take this study for a credit amount other than 4 credits, a study for 3 credits can be developed. Please have your primary mentor add the appropriate 3 credit study to your worksheet.

### Wednesdays

#### **Diversity in Dance-Multicultural & World Dance 4 cr with Elizabeth Clark**

spaces avail.: **15** Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Wednesdays 7:00 - 8:30 pm Every Wednesday, beginning March 16, 2010 - 13 weeks required.

Weekly studio class with Elizabeth Clark, performing artist and award-winning dance educator, in world dance traditions including South Asia, Polynesian, and Iberian character modes, is supplemented by journal assignments, viewing recorded performances, and one major outside reading source. Study includes history and appreciation of world roots of modern dance in America. Culminating paper integrates and demonstrates learning from studio, reading, and viewing activities. Contact Elizabeth Clark at 585-442-5988 for more details and meeting calendar.

**Modern Dance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY Great Hall Wednesdays 7:00 - 8:30 pm Every Wednesday beginning March 17, 2010 - 13 weeks required

Contact Elizabeth Clark 442-5988 to determine whether this is the correct level of study for you. Elizabeth Clark's e mail: Elizabeth.Clark@esc.edu.

**World Dance, Children's Dance, Introduction 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro and Adv./Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY Great Hall Wednesdays 7:00 - 8:30 pm Every Wednesday, beginning March 17, 2010 - 13 weeks required.

Explore basic movement in several world, social, and modern dances that will expand your movement vocabulary and that will be useful in child development and education. Improve your own health with exercises of breathing, range of motion, muscular tone, posture alignment, and guided freedom to explore creative sources in different cultures, images, and traditions. We emphasize the image and story aspects of dancing. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

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**Thursdays**

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**Library Information & Database Research 2 cr with Nanci Nugent**

spaces avail.: 15 Intro/Non-Liberal

Central Branch Public Library - South Ave., Rochester, NY (Bausch & Lomb) Thursdays 5:30 - 7:30 pm 2/25, 3/4, 3/11, 3/18, 3/25

The purpose of this study is to provide an opportunity to learn how to use the resources of the public library effectively and to learn about different types of information, where to locate information, how to retrieve it, and how to use it effectively for research, including using information and research databases available through the Empire State College online library. The student is required to attend group sessions (approximately 5-6 sessions) at the downtown Central Library. All study materials will be provided at group meetings.

**Yoga & Dance 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

Penfield First Baptist Church, 1862 Penfield Rd., Penfield, NY Thursdays 4:00 - 5:30 pm Every Thursday, beginning March 18, 2010 - 13 weeks required

Students attend weekly studio classes that integrate core concepts of Yoga into movement practice and dance. They read an accompanying text, keep journal notes on both text reading and class experiences, and observe at least 2 other performance or class examples of yoga and/or East Indian dance forms. Selections must be approved in advance by the instructor. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

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**Fridays**

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**Ballet-Studio & History 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY 14618 Great Hall Fridays 5:45 - 7:15 pm Every Friday, beginning March 19, 2010 - 13 weeks required.

This study provides the opportunity to achieve a beginning understanding and training in ballet technique as well as a basic understanding of its history and aesthetic in the context of the performance arts, meeting the SUNY general education requirement in the Arts. Requires weekly attendance, keeping a journal, video viewing, and one main outside reading source. Contact Elizabeth Clark (585-442-5988) for more details and a meeting calendar.

**Wellness Through Movement 4 cr with Elizabeth Clark**

spaces avail.: 15 Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

St. Thomas Episcopal Church, 2000 Highland Ave., Rochester, NY Great Hall Fridays 4:45 - 5:45 pm Every Friday, beginning March 19, 2010 - 13 weeks required.

This study combines the arts of dance, imagery, imagination, and movement utilizing ideokinetic principles for application to a lifetime of wellness. Specific techniques include ideokinetic facilitation, constructive rest, perceptual pathways, and posture analysis/improvement. Students will attend required weekly class, keep a required journal, and write a final report essay on their learning, supported by their instruction and individualized discussions with the instructor as well as reading and note-taking on one major outside book resource. Contact Elizabeth Clark at: 585-442-5988 for details and meeting calendar.

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**Meeting dates/times/locations not yet published**

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**Dance: A Living & Historical Art 4 cr with Elizabeth Clark**

spaces avail.: **15** Intro/Liberal fulfills SUNY gen. ed. req in The Arts - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\* none at present time

The student will work with tutor Elizabeth Clark in this study that is an introduction to Dance, an introduction to the Arts and satisfies the SUNY general education requirement in the Arts. The study will consist of learning about the theory, practice and history of dance through the following learning activities: Attending 13 weekly classes at Elizabeth Clark's studio. Keeping a journal that will consist of written notes from class, observations on any of the learning activities, and sketches/drawings of central learning issues. Reading, taking notes from and writing a final 12 page report on one main outside reading source. Attendance at studio class is mandatory. The goal of this study is multifold: To develop a theoretical, artistic and historical familiarity with dance. To see that dance or movement is a central part of one's self-development. To develop an overall sense of health and wellness for both body and mind by means of proper warm-up and cool down To explore dance as an artistic medium that is thriving today and has rich history of its own. Contact Elizabeth Clark at: 585-442-5988 to discuss.

**Introduction to Psychology 4 cr with Gayle Stever**

spaces avail.: **15** Intro/Liberal fulfills SUNY gen. ed. req in Social Sciences - fully

\*\*\* Meeting dates/time/location not yet determined \*\*\*

This group study is for Introduction to Psychology. Each meeting will cover a different chapter in the assigned textbook. Students will be responsible for reading and reflecting on the chapters and coming prepared to discuss the material. Additional outside work will also be required. Students will cover a total of 11 chapters, 7 with the group and 4 on their own.